

# **Short curriculum vitae**

**Kipreos George**

**Dean of the Faculty of Human Movement and Quality of Life  
Sciences**

## **Education**

National Sport Academy of Sofia, PhD in Athletics, 1988-1991 with a scholarship by the Greek Ministry of Culture and Sport. Thesis: Theoretical-methodological bases of selection, learning, planning and controlling jump height of boys 12 - 15 years old.

School of Physical Education and Sport Science, National and Kapodistrian University of Athens, 1986. Specialization in Sports Jumps.

## **Modules Taught**

Organization & Management of Extreme Sports

Organization & Management of Training Tourism

Introduction to Sports Science

Organization and management of individual sports-track and field

## **Professional Certification**

Professional Track and Field Coaching Permit (ΓΓΑ 2002).

Lifeguard Certification (Red Cross 1982).

## **Scientific interests**

Director of the Lab: "Running Movement Lab-Management and Organization of Running Events"

Founder of the theory: Homo Extremious creation: A Neologism Proposed in Sports Science

President of the "Spinoff Athletic Innovative, Sustainable & Remunerative Management of Sports Facilities & Services P.C." bearing the distinctive title "TechnAthlon P.C."

## **Publications**

- Kavroulaki L, Kostopoulos N, Perrea A, Pantazi D, Marmarinos X., Gdonteli, K., Vrontou, O., Kipreos, G. (2025) Evaluating the "Skills Workshops" Program

in Primary Education: A Quantitative Study of Teacher Perspectives. *Sports Injr Med* 9: 207. <http://dx.doi.org/10.29011/2576-9596.100207>

- Kostopoulos P, Gdonteli K, Pantazi D, Kostopoulos N, Agrotou S Perrea A, & Kipreos G (2025) The Relationship Between Personality Traits and Self-Efficacy Among Tennis Coaches: A Quantitative Study. *Sports Injr Med* 9: 206. <http://dx.doi.org/10.29011/2576-9596.100206>
- Kostopoulos, P., Kipreos, G., Alexopoulos, P., Gdonteli, K., Agrotou, S., & Kostopoulos, N. (2025). Examining the Interplay between Tennis Coaches, Personality, Traits and Self-Efficacy: Implications for Coaching Practices. *International Journal of Latest Research in Humanities and Social Science (IJLRHSS)*, 08 (01), 73-77. [www.ijlrhss.com](http://www.ijlrhss.com)
- Karaiskos L., Sotiras, M., Kipreos, G., & Gdonteli, K. (2024). Physical Education Teachers' Training, Teaching Competence, Professional Development, and Technological Literacy, and their Relationship with Leadership. *PANR Journal*, 1-15, <https://www.panr.com.cy/?p=7456>.
- Anthi, C., Kipreos, G., Gdonteli, K., Kakkos, V., & Stavrou, N. (2024). Demographic characteristics, personality traits, leadership qualities and work performance as predictors of the selection criteria for coaches. *Journal of Physical Education and Sport*, 24(8), 1909-1919. <https://doi.org/10.7752/jpes.2024.08212>
- Anthi, C., Kipreos, G., Antonopoulou, P., Gdonteli, K., Kakkos, V., & Stavrou, N. (2024). Development and validation of the evaluation and selection criteria scale for coaches: Factor structure, validity and reliability. *Journal of Human Sport and Exercise*, 19(4), 1102-1119. <https://doi.org/10.55860/97rmwt69>
- Kipreos, G. (2020). Homo Extremious: A Neologism Proposed in Sports Science. *Sumerianz Journal of Social Science*, 3 (6), 69-78.
- Korkidi, M., Pantazi, D., Kaprinis, S., Perrea, A., Papaloukas, M. & Kipreos, G. (2020). Promoting physical activity and quality of life for citizens through municipal libraries. *International Journal of Physical Education, Sports and Health*, 7(2): 103-111
- Gdonteli, K., Antonopoulou, P., Travlos, A. & Kipreos, G. (2020). Esports in Greece: Amateur participants' constraints in a leading Esport event in Greece. EURAM 2020. Online Conference, 4-6 December. Trinity Business School, Dublin, Ireland. ISSN 2466-7498
- Spanos, K., Strigas, A., Travlos, A., & Kipreos, G. (2020). The Relationship of Occupational Stress, Physical Fitness Levels, Body Fat Percentage and Absenteeism. *Journal of Advances in Sports and Physical Education* 3 (2), 23-28.
- Oikonomou, V. Papaloukas, M., Georgiadis K. & Kipreos, G. (2018) European Union policies for the rights of citizens to participate in sport. 5(4): 29-34.
- Dedes, V., Stergioulas, A., Kipreos, G., Dede, AM., Mitseas, A. & Panoutsopoulos G (2018) Effectiveness and Safety of Shockwave Therapy in Tendinopathies *Materia socio-medica* 30 (2), 131
- Gdonteli, K., & Kipreos, G. (2018). Public organizations' evaluation: an investigation of municipal sports services in the region of Attica, Greece. *International Journal of Physical Education, Sports and Health*, 5(5), 108-112.

- Makropoulos, A., Gdonteli, K., Perrea, A., & Kipreos, G. (2017) Risk taking tendency: An investigation of amateur athletes in mountain and road races, *International Journal of Physical Education, Sports and Health*. 4 (1), 212-216
- Kipreos, G. & Anagnostopoulou, I. (2017). *Pavlopetri: A Prehistoric Submerged City*. Balti: Lambert Academic Publishing
- Kipreos, G. (2017). *Touching the Limits. Extreme Sports*. Thessaloniki: Didigma
- Kipreos, G., Kaprinis, S., Perrea, A. & Kakkos, V. (2016) Job Performance Measurement of Physical Education Graduates in Private Fitness Centres and Municipal Sports Organizations, *International Journal of Sports Science and Physical Education*, 1, 10-16